

Essentials:

Clothes:

- Jeans, shorts, t-shirts and other tops
- Active wear or other quick-dry fabrics
- One pair of track pants (ideal for long travel days when you want to be comfortable)
- One nice outfit for dining out (or for that family snapshot)
- A raincoat or jacket – choose a lighter/heavier option depending on where you are headed
- Underwear (enough for a daily change plus a few extras)
- Comfortable shoes and one pair of sandals
- Hats (for sun or warmth)
- Bathing suit
- Toiletries, a small first-aid kit, and any medications
- A bar of soap (for emergency toilet stops and handwashing clothes)
- Snacks
- Wet wipes and tissues
- A guidebook or map for your destination
- A small backpack for day trips

Handy Extras:

- Printed copies of your passports and important documents
- Notebooks and pens for keeping a trip journal
- Zip lock bags
- Duct tape
- Snacks
- Chewing gum
- Deck of cards
- Addresses of friends and family for sending postcards home
- Leave space for souvenirs!